

## Briefing sheet for “Facilitator”

### Scenario #2

You will shortly meet with a patient with the following demographics:

- 75 years of age
- Recently lost their spouse to cancer
- Retired nurse
- Has a devoted daughter and grandkids
- Most significant health conditions are high blood pressure and depression

Please work with them to set a goal, and weight it, using the Goal Attainment Scaling approach and template.