Date set: 2 February 2021

Review date: 2 May 2021 Timepoint: ■ Baseline □ 3 months □ 6 months □ 12 months

Domain	Mobility	Community engagement		
Goal	To increase my endurance so I can walk further	To leave home more frequently so as to have more social interactions		
Much less than	I can walk 9 metres or	I leave the house once a		
expected	less	fortnight or less		
(-2)				
Somewhat less than	I can walk 10-19 metres	I leave the house twice		
expected	(Current: 10 metres #)	or three times a fortnight		
(-1)		(Current: twice <u>#</u>)		
Expected level	I can walk 20-29 metres	I leave the house four or five times a fortnight		
(0)				
Somewhat better than expected	I can walk 30-39 metres	I leave the house six times a fortnight		
(+1)				
Much better than expected	I can walk 40 metres or more	I leave the house seven or more times a fortnight		
(+2)				
Importance (1-3)	2	3		
Difficulty (1-3)	2	1		