

Goal Setting Conversation Starter

Patient Details

Name: _____

Trial / Hospital ID: _____

Introduction

Thanks for participating – we are excited to undertake this process with you

You will be well supported; it will not be as hard as you may worry it is!

We think goals are important as it:

- helps to focus your care on what you value
- enables shared decision-making with your doctors
- identifies and celebrates meaningful change you make in your life

Introduce the GAS template

Take the patient through the template

1-5 goals to be set

Review period will be 3 months

Brainstorm

List below all possible goals

Select goals to further refine in the GAS template

1	
2	
3	
4	
5	