



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

Link to online video recordings

Taken from recordings made for The GOAL Trial

Recording of presentation from GAS classroom teaching

<https://youtu.be/OHsAlrpW2Zk>

Introduction and objectives: 0-3:45mins

Introduction to Goal Attainment Scaling: 3:45-6:11

Importance and benefits of goal setting: 6.11-7:29

Discuss SMART goals: 7:29-11:24

Overview of GAS template: 11:24-15:42

Describe how to set and scale a goal for GAS: 15:42-31:23

Action plan (after setting goal): 31:23-34:05

Suggest how to conduct meeting with patient: 34:15-37:52

Offer tips on troubleshooting common challenges (e.g. writing goals and engaging patient): 38:10-40:47

Describe the review and scoring process: 40:47-43:21

Next steps (after (watching the video) training):43:21-44:47

Demonstration video of an initial GAS goal setting meeting

<https://youtu.be/BbcS30nvd5w>